



PE and Sport

At Holmer Green Junior School, we believe that every child should enjoy a range of experiences within physical education and sport. Through the curriculum, extra-curricular clubs and other opportunities, such as festivals and School Games events, we foster a positive attitude to a continued healthy lifestyle, the development of core skills and a dedication to being active, making sure that all children are included equally.

PE lessons

During physical education lessons, children learn various skills and strategies across a range of sports and activities. Our curriculum enables children to maximise their potential and see the benefit in long-term participation in physical activity and sport. We encourage the children to develop their physical, cognitive, social and mental approaches to physical movement and well as the strategies required to play and enjoy many team and individual sports.

Our curriculum includes gymnastics and dance, as well as range of sports such as: football, tag rugby, netball, basketball, cricket, rounders, tennis, athletics, hockey, handball and volleyball. Our outdoor and adventurous curriculum is enhanced by Year 5 and 6 residential trips which enable our children to experience team building and individual activities, which enhance self-esteem and confidence in a variety of situations.

To assist staff with teaching P.E lessons, we are supported by some specialist P.E teachers, who provide support across the whole curriculum, as well as gymnastics and dance lessons.

We celebrate competition and encourage children to reach their own 'personal best goals' through Sports Day and other sporting festivals.

Holmer Green School Sports Partnership

We have joined a network of local schools to be part of a Sports Partnership, which is run with the intention of providing non-competitive sporting festivals for every child across the whole school year. Each year group attend a minimum of 2 sporting festivals to develop skills that have been introduced

or reinforced during P.E lessons in school. Children have an opportunity to participate against children from other schools, in a relaxed friendly environment.

Extra-curricular Sport

In order to provide extra-curricular sporting opportunities to as many as possible, we run a wide variety of sporting after school clubs, run both by school staff and by external providers. This is supplemented by School Games activities, which allow us to offer more competitive sporting activities to those who wish to participate. Activities include Athletics, Tennis, Tag Rugby, Football, Basketball, Netball, Cycling to name a few. This can result in attending the School Games Finals, held annually at Stoke Mandeville Stadium.

We also have competitive teams entered into the local football and netball schools leagues.