



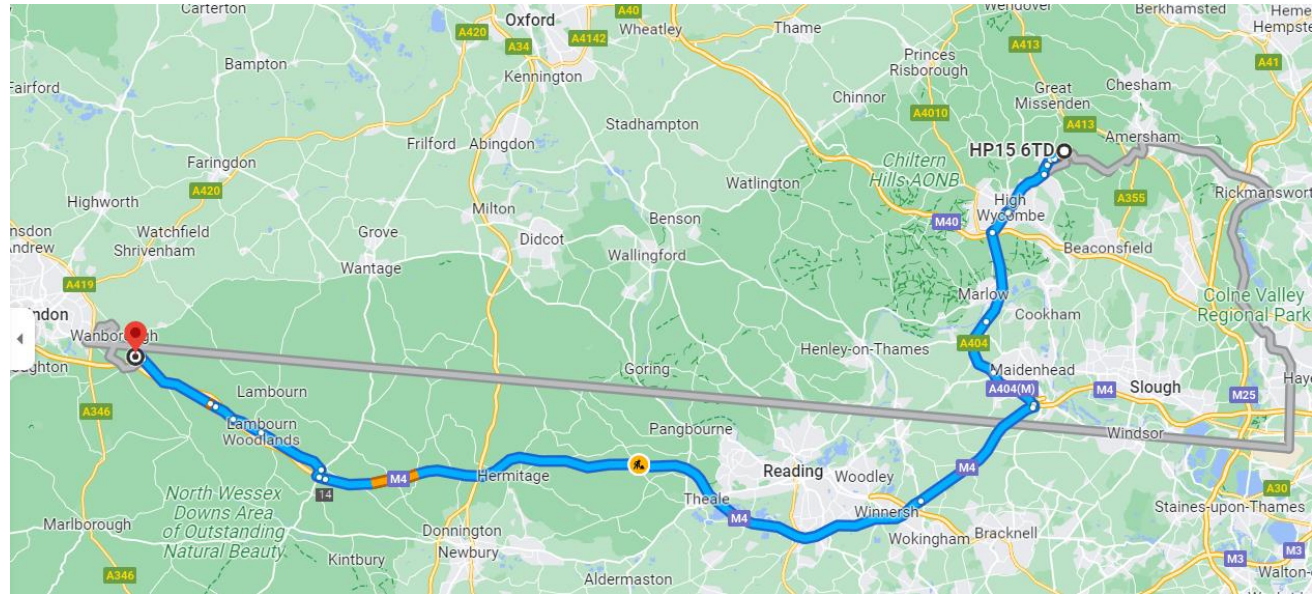
Liddington RESIDENTIAL TRIP

23rd June → 27th June



Where is Liddington?

PGL Liddington
Fox Hill
Liddington
Swindon
SN4 0DZ



The journey by coach should take about 1 hour and 30 minutes.



Health and safety

- All staff are DBS checked
- All staff wear name badges and a uniform
- All staff are trained in and capable of handling emergency situations
- Staff are available 24 hours a day to assist with emergencies
- The contained site is very secure, with an electric gate at the front, high fences on the perimeter of the property and CCTV cameras throughout.

Health and safety

- To avoid any sickness outbreaks, please do not send your child if anyone in your family is ill 48 hours before the event.
- If a child is sick at any stage during the week, we will need to send them home. This includes one off sicknesses. Children can return 48 hours later if they can.
- Before the trip, you and your child will be asked to sign a code of conduct.

Accommodation

- Each en-suite room will sleep about 4 children.
- Teachers will be in rooms close by so as to supervise and oversee the children.
- Bedding is not provided. Children will need to bring a sleeping bag and a pillow.
- A kit list will be sent out by Easter.
- Children will be given the chance to choose who they would like to be in the same room as. They will not be told who they are sharing with until they arrive at PGL.







the dining room







First day at PGL

MONDAY

- Arrive at school at normal time.
- We leave at a time to be decided (early morning) so that we can arrive for lunch.
- There will be activities in the afternoon, followed by dinner.
- PGL Staff will put on evening entertainments every night.

Sample day at PGL

7.00am	(can vary) Wake Up
8.00am	Breakfast
9.00am – 10.30am	Session 1
10.45am – 12.15am	Session 2
12.15pm – 1.45pm	Lunch
1.45pm – 3.15pm	Session 3
3.30pm – 5.00pm	Session 4
5.30pm – 7.00pm	Dinner
7.00pm – 9.00pm	Evening Entertainment
9.30pm – 10.30pm	Lights out

Activities

- Over the course of the week we will be doing 16 activities, covering a wide range of skills, challenges and experiences.
- Children will be in groups. Before the trip, the children will have the opportunity to name some people they would like to be in a group with and we try to accommodate as many of these choices as possible.

Activities

Possible activities are:

- Abseiling
- Aeroball
- Archery
- Canoeing
- Challenge course
- Climbing
- Crate challenge
- Giant swing
- Jacob's ladder
- Orienteering
- Problem solving
- Raft building
- Sensory trail
- Trapeze
- Zip wire

Food

- Liddington has a canteen which caters for all dietary requirements.
- There are a wide range of food options and choices e.g. salads, soup, vegetables, dairy products etc.
- Please let us know what requirements your child will need on the medical forms and PGL staff will ensure that these are catered for accordingly.

Food

- At every meal there is water and squash available. Children will not be allowed hot drinks.
- There is a vegan option at every meal
- Sample menus can be seen at www.pgl.co.uk/menus
- Children eat together in the dining room with teachers and PGL staff.
- Children will be expected to clear away their own plates at the end of the meal and leave the dining room tidy.

Shop/free time

- There is a shop on site and children will be allowed to use it. There is a spending limit each day (£3+)
- Children will be given free time to play and relax with their friends, but we will expect them to be on time to wherever they need to be.

Cost of trip

- The cost of the trip is £525 per child.
- We have managed to reduce the cost. A parent group of volunteers will be running fundraising events to help further.
- The cost includes full board accommodation, travel to and from the centre, activity options, instruction and supervision from staff, use of equipment, evening entertainments and insurances
- If you would like your child to go, we would ask for an initial £75 deposit by the 30th November, so that we can confirm our booking.
- The rest of the final cost will be asked for in instalments.
- If you have any concerns about this, please speak to staff.

Payment plan

- We will be asking for the cost of the trip in instalments. We hope that this will reduce any stress about large payment. The instalments are:

Month	Amount
November 30 th	£75
December 31 st	£75
January 31 st	£75
February 28 th	£75
March 31 st	£75
April 30 th	£75
May 31 st	£75

- If you are struggling with the cost, please let us know

Other points

- Please be advised that children should bring sensible sized suitcases that they can move around on their own. Luggage should be as small as possible as it is always a challenge to fit everything on!
- No child is allowed to bring mobile phones with them.
- We discourage the children to bring excessive amounts of sweets.

Other points

- Medical and consent forms sent out in May. These will need to be returned asap so that we can contact PGL with regards to allergies and medical requirements.
- There will be a medical session the week before we go where you can discuss and finalise medical needs for the week (medicines etc)
- Any queries or questions about the trip, please let us know.

ANY QUESTIONS?

